



# Bridge to Hope - East

## Weekly support group for families affected by addiction

The Bridge to Hope - East is a free education and support program for families and friends whose loved ones are affected by substance use disorders. The weekly support group is intended to bridge a gap between the realization of the problem and the need for solutions. It is a bridge to finding help and giving support to those who are directly or indirectly affected by addiction. The Bridge to Hope - East is here for you to find help, encouragement, support, and most important of all - to find Hope.

The group is facilitated by Theresa Lee, MSCP, Professional Counselor and Educator.

*Bridge to Hope - East is a support organization only and does not offer medical or psychological advice.*

Thursdays at  
7 to 8:30 p.m.

**UPMC East  
Conference Center,  
Ground Level**  
2775 Mossdale Blvd.  
Monroeville, PA 15146

*Free parking in the hospital garage.  
Free light refreshments.*

No registration required.  
For more information,  
call **724-217-3279**

# UPMC East