# Our 4 Phase Development Plan for SpiritLife Campus

SpiritLife Center is an inpatient, comprehensive drug and alcohol treatment facility located on a beautiful, rural 208 acre campus, 15 minutes east of Indiana, PA. Our plan and vision is to develop our campus into a holistic recovery community that provides continuity of care and networks the regional resources necessary to support and sustain long-term recovery.

### **PHASE I**

SpiritLife Center: A 14 bed non-hospital detoxification unit and a 30 bed residential treatment facility that provides medically-monitored detoxification and residential treatment and rehabilitative services for adults suffering from substance use disorders and co-occurring disorders.

# PHASE II

SpiritLife Conference Center: An 8,000 sq. ft. on-campus, meeting, resource and training facility.

#### PHASE III

Re-opening a 72-bed dormitory as a residential rehabilitative facility for men in early recovery.

# **PHASE IV**

Develop parallel facilities and programs for adults suffering from substance use and co-occurring disorders and their families, other treatment, transitional and long-term sober living facilities.





"Bringing the good news of freedom of spirit and health of mind and body to those held captive by addiction."



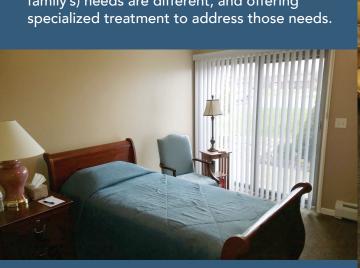
# WHO ARE WE?

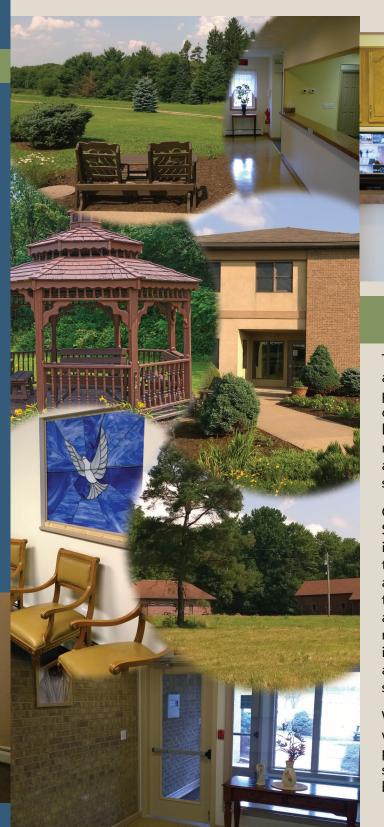
SpiritLife, Inc. is a start-up Pennsylvania 501(c) (3) nonprofit corporation, formed in November 2013.

The SpiritLife Center serves as an inpatient, non-hospital facility that provides short-term medically monitored detoxification, residential treatment and rehabilitative services for drug and alcohol addiction and co-occurring disorders.

We are faith-based, non-denominational, and support all pathways of change to recovery, i.e., through which individuals can improve their health and wellness, live a self-directed life, and strive to reach their full potential.

We at SpiritLife firmly believe that all individuals and families suffering from drug and alcohol addiction can fully recover and begin new, meaningful lives, without alcohol or other drugs. Based upon this belief, SpiritLife provides medically competent, appropriate and safe treatment in a positive, best practice and therapeutic environment, recognizing that each patient's (and each family's) needs are different, and offering specialized treatment to address those needs







The primary inpatient treatment program at SpiritLife is a holistic, multi-dimensional program that utilizes an abstinence-based, disease-concept model of treatment, with the length of stay determined by each individual's need. Our program treats the whole person and family: medically, psychologically, spiritually and emotionally.

Our programs utilize a Recovery Oriented Systems of Care (ROSC) approach that includes a wide spectrum of evidence-based treatments and recovery services. A ROSC approach supports all stages and pathways to recovery, addresses timely access to care and the coordination of the multiple services needed to attain and sustain recovery that include treatment, alternatives to treatment, and connection to early and long-term support services.

While all pathways to recovery are recognized, we continue to use the 12 Step Model as our primary approach and offer similar systems of support for family members whose lives have been negatively impacted.